

# 113 學年度南投縣仁愛鄉萬豐國民小學 家庭教育成果照片

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| 課程名稱                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 我長大了：男女身體大不同          |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 授課對象：一~六年級 / 授課老師：翟國菁 |
|  <p>The teacher is standing in front of a screen displaying a slide titled '成長階段' (Growth Stages). The slide shows a timeline from '嬰兒期' (Infancy) to '老年期' (Old age), with illustrations of people at each stage. The teacher is addressing a group of students seated on the floor.</p>                                                                                                                                                                                                                                                                                                         |                       |
| 認識生命成長階段                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                       |
|  <p>The teacher is pointing to a slide titled '青春期' (Puberty). The slide features illustrations of a girl and a boy with various physical changes labeled: '胸部開始發育' (Breast development), '長腋毛 長陰毛' (Armpit and pubic hair), '長青春痘' (Acne), '身體明顯快速抽高' (Rapid growth), '陰莖和陰囊開始變大' (Penis and testicles start growing), '發現初經到來' (First menstruation), and '長鬍鬚' (Facial hair). A text box at the bottom says: '但是不用擔心，只要你越了解自己可能遭遇哪些身體或心理的變化，你就會處理得越好' (But don't worry, the more you understand the physical or psychological changes you may encounter, the better you will handle them).</p> |                       |
| 講解男女青春期生理特徵                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                       |
|  <p>The teacher is pointing to a slide titled '男女有別—成長大不同' (Gender Differences—Growth is Very Different). The slide compares growth patterns for boys and girls. For boys (12-17 years old), it lists: '我們都長... 身高、體重、長腋毛及陰毛、鬍鬚' (We all grow... height, weight, armpit and pubic hair, beard). For girls (10-14 years old), it lists: '女生 胸部發育、脂肪增加 開始出現月經' (Girls: breast development, fat increase, start of menstruation).</p>                                                                                                                                                              |                       |
| 男女有別，成長大不同                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                       |